Chicken Tetrazzini

- Prep Time15 min
- Total Time1 hr 15 min
- Servings9
- 12 oz uncooked spaghetti
- 2 tablespoons butter
- 1 package (8 oz) sliced fresh mushrooms (about 3 cups)
- 3 cups chopped cooked chicken breast
- 2 cans (10 3/4 oz each) condensed 98% fat-free cream of mushroom soup with 45% less sodium
- 2 cups sour cream
- 1/2 teaspoon freshly ground pepper
- 1/3 cup grated Parmesan cheese
- Chopped fresh parsley, if desired



- 1. Heat oven to 350°F. Spray 13x9-inch (3-quart) glass baking dish with cooking spray.
- 2. Cook spaghetti as directed on package, omitting salt and oil, and using minimum cook time; drain.
- 3. Meanwhile, in 10-inch nonstick skillet, melt butter over medium-high heat. Cook mushrooms in butter 4 minutes, stirring occasionally, until tender.
- 4. In large bowl, mix cooked spaghetti, mushrooms, chicken, soup, sour cream and pepper. Pour mixture into baking dish. Sprinkle with cheese.
- 5. Bake uncovered 55 minutes or until bubbly. Let stand 5 minutes before serving. Sprinkle with parsley.